‘‘You have made known to me the paths of life; You will fill me with joy in Your presence.’’
(Acts 2:28)

Thank you for all you have done in 2013 to help change the lives of the poor. As you turn the pages of this Annual Report, you will see evidence of His will being done through your generosity and dedication.

In 2013, we wept together over the unnecessary and tragic death of a malnourished child, but we also rejoiced together when countless starving children triumphed over hunger because of your compassion. We saw new water wells provide clean drinking water and sturdy roofs placed over the heads of innocent children because of your love.

‘‘Rejoice with those who rejoice, weep with those who weep.’’
(Romans 12:15)

It is because of your compassion and generosity that there is hope for those who are still suffering throughout the Caribbean and Latin America, and I am honored to walk this path with you as we bring this hope and change to the poor.

May God continue to bestow His blessings on you as we work together to transform the lives of the poor. Your generosity is a true reflection of God’s love and mercy.

A servant of the poor,

Robin G. Mahfood

LEFT: Schoolgirls at Green Island Primary School in Hanover, Jamaica, are grateful and excited for the opportunity to learn.

ON THE COVER: Sweet little 3-year-old Cindy sits quietly on the step of her home in La Paera, Honduras.
In 2013, you acted on God’s call to feed the hungry. For the malnourished baby clinging to life at one of the nutritional centers you support, your generosity provided nutritious food and the chance to survive. For the desperate mother and father praying for a way to feed their hungry children, your generosity provided them with warm meals and hope. For the listless child who couldn’t concentrate at school because he was hungry, your generosity fueled his body and his mind.

Thanks to you, feeding programs throughout the Caribbean and Latin America are receiving the support they need to function.

At our feeding center in Port-au-Prince, Haiti, 15,000 lifesaving meals a day are provided to hungry families six days a week. The distribution facilities you support also provide schools and partner organizations with the food needed for many other feeding programs throughout Haiti.

You are giving children the nutrition they need to survive and develop in places like Haiti, Guatemala, Nicaragua, Honduras, Jamaica and Guyana. To be able to put their children to bed at night with a full stomach is something many of the families we serve would never be able to do without your commitment to help.

You are an answer to the prayers of so many hungry families. Thank you for feeding the hungry who needed you most in 2013.

**FEEDING FACTS & FIGURES**

In 2013, thanks to you, more than 50 million pounds of food were distributed to malnourished children and their families. This included more than:

- 31.9 million pounds of rice
- 8.3 million pounds of beans
- More than 10 million pounds of canned and other assorted foods

Food For The Poor also implements hundreds of food-generating projects such as the ones listed on page 6 of this Annual Report.

“Children, let us love not in word or speech but in deed and truth.” (1 John 3:18)
In 2013, you helped build 6,808 housing units for families in desperate need of safe shelter. Since 1982, our loving donors have constructed more than 91,030 housing units for the poor.

Life-changing miracles: That is what you made possible in 2013 by helping to build safe, sturdy houses for desperate families.

A new Food For The Poor house is a miracle for a desperately poor family. It has solid walls and a strong door that parents can lock to keep out intruders who might do their children harm. It has a protective roof and real windows that shut tight against the rain. And the biggest blessing of all for parents is that their children can sleep peacefully, knowing they finally have a real home at last.

Building houses for families who need safe shelter remains at the very heart of our mission at Food For The Poor. God’s grace and mercy is at work through your generosity, and is a testament of true Christian compassion for our brothers and sisters.

Thanks to you, families across the Caribbean and Latin America are praising God for the priceless gift of safe shelter in the form of a new home.

“Everyone who listens to these words of Mine and acts on them will be like a wise man who built his house on rock.” (Matthew 7:24)
2013 PROJECTS SUMMARY

<table>
<thead>
<tr>
<th>Project</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>Housing/Housing Villages</td>
<td>$9,116,686</td>
</tr>
<tr>
<td>Construction and Repairs</td>
<td>$4,783,125</td>
</tr>
<tr>
<td>(for schools, clinics and multipurpose centers)</td>
<td></td>
</tr>
<tr>
<td>Water/Sanitation</td>
<td>$3,666,667</td>
</tr>
<tr>
<td>Development and Micro-Enterprise Projects</td>
<td>$1,714,209</td>
</tr>
<tr>
<td>(for aquaculture ponds, fishing villages, fruit tree nurseries, animal husbandry, etc.)</td>
<td></td>
</tr>
<tr>
<td>Program Support</td>
<td>$672,096</td>
</tr>
<tr>
<td>(for clinics, nursing homes, schools, feeding programs and orphanages)</td>
<td></td>
</tr>
<tr>
<td>Total Projects</td>
<td>$19,952,783</td>
</tr>
</tbody>
</table>

You were faithful in your good work in 2013. Micro-enterprise opportunities and other income-generating projects transformed families and renewed entire communities. Thank you for giving a hand up out of poverty to those eager to provide for their families.

From irrigation projects in Haiti that brought fresh vegetables and an income to communities, to fishing villages in Jamaica, to greenhouses in Honduras that now provide an income for the families invested in the growing and harvesting of the crops, your support is changing lives.

God listened to the prayers of those who were hurting, and He used you to help answer their cries. Thanks to generous people like you who provided water wells, children who used to spend their days gathering water from a distant water source are now able to attend school instead.

Whether you met the needs of our poorest brothers and sisters through your support of clean water, housing, skills training, or education, you left the promise of hope for a better future in the hearts of families who prayed for a miracle.

“Tell them to do good, to be rich in good works, to be generous, ready to share.”
(1 Timothy 6:18)
You helped ship 596 tractor-trailer loads of medicines and medical supplies in 2013.

<table>
<thead>
<tr>
<th>Country</th>
<th>Tractor-Trailers</th>
</tr>
</thead>
<tbody>
<tr>
<td>Haiti</td>
<td>117</td>
</tr>
<tr>
<td>Guatemala</td>
<td>110</td>
</tr>
<tr>
<td>Jamaica</td>
<td>106</td>
</tr>
<tr>
<td>El Salvador</td>
<td>55</td>
</tr>
<tr>
<td>Nicaragua</td>
<td>47</td>
</tr>
<tr>
<td>Guyana</td>
<td>37</td>
</tr>
<tr>
<td>Honduras</td>
<td>36</td>
</tr>
<tr>
<td>Dominican Republic</td>
<td>11</td>
</tr>
<tr>
<td>Other</td>
<td>77</td>
</tr>
</tbody>
</table>

“Every day, you help save countless lives. Through your generous support, Food For The Poor is able to ship medicine and medical equipment to care for the sick. You are there, holding the hand of a worried mother in our Haiti clinic as the doctor examines her sick little one. You are there in a Honduran hospital, helping an elderly patient into a wheelchair supplied by your donations. And you are there in Jamaica, giving medicine to doctors so they can treat patients who can’t afford prescriptions.

Every year, you help ship millions of dollars worth of medicine, medical supplies and equipment to the poor of the Caribbean and Latin America. We solicit bulk donations of medical goods to keep costs low and procure lifesaving medicines that are unavailable to the poor of the Caribbean and Latin America.

Through your compassion and support, you nurture those who can’t afford even the most basic medical care for their children. Thank you for all you do to help heal the sick and the suffering.

“The Lord sustains them on their sickbed, allays the malady when they are ill.”
(Psalm 41:4)
Throughout the Caribbean and Latin America, when parents are asked what they want most for their children, the answer is usually, “I want my children to have an education.”

Poor parents dream of giving their children the tools they need for a better life, and they know that sending them to school is the key that unlocks the vicious cycle of multi-generational poverty. Thanks to you, more and more of these keys are being provided to young, deserving minds.

You made a tremendous difference in the lives of growing children in 2013 by giving them the tools they need to learn. Your gifts helped to supply school furniture, books, computers, pens, pencils and other essential school materials to the poorest schools in the Caribbean and Latin America. Some of these schools are so impoverished that classes are conducted outdoors.

Children in these countries are eager to attend school and acquire the skills they need to obtain jobs and escape poverty. Innocent and hopeful, they yearn for the excitement that comes from bettering themselves. When offered the chance for an education, these young minds quickly absorb information and their spirits change. All this is accomplished because of you. Your gifts for education help to end the cycle of poverty, setting free future generations.

Inquisitive little girls learn to read at Ti Ayiti School in Haiti.

“Make known to me Your ways, Lord; teach me Your paths.” (Psalm 25:4)

Churches of various denominations, community leaders, missionaries, local governments, domestic corporations and other charities play an integral role in our work to deliver healing and hope to our poorest brothers and sisters.

Our partners provide help to precious orphaned and abandoned children, deliver lifesaving food to hungry children and families, care for the sick, manage sustainable development projects, and so much more. Working arm-in-arm with us across the Caribbean and Latin America, our partners are an instrument of God’s unconditional love and a true blessing to the poor.

Our partners provide vital resources to poverty-stricken children and families who struggle to survive. With the help of our partners, we shipped 3,518 tractor-trailers of aid in 2013, and ensured brighter futures to countless recipients. We are deeply grateful to our partners who ensured the timely and economical delivery of goods to our brothers and sisters in need.

Your willingness to help others is a reflection of God’s love shining in you. Thank you for all that you do to serve the poor.

In El Salvador, Kimberly is grateful for food provided by our generous partners.

“Bear one another’s burdens, and so you will fulfill the law of Christ.” (Galatians 6:2)

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“Bear one another’s burdens, and so you will fulfill the law of Christ.” (Galatians 6:2)
In 2013, your compassion made a huge difference. Just look at the photographs on these pages! Families and communities are praising God because you chose to care. Thank you for following Christ in word and in deed.

Charity’s Blessings
Chuck Stoner, a faithful Food For The Poor supporter, often says how blessed he feels to serve God by serving the poor. Over 15 years, Chuck has built entire villages in Guyana and El Salvador, including Community of Faith (pictured left). “You couldn’t buy yourself anything that’s going to give you that kind of feeling of helping other people,” he said.

A Safe Home
During the devastating 2010 earthquake in Haiti, the cement home 7-year-old Babylove shared with her family crumbled. They were forced to move into a miserable, unsafe shack that flooded when it rained. Thanks to loving donors like you, Babylove’s family has received a strong Food For The Poor home. “I’m happy that I don’t have to be in the mud anymore,” Babylove said.

Lifesaving Food
You help support feeding programs that provide lifesaving food to thousands of hungry children and families year-round. For students at Escuela Maria Auxiliadora in Ocotal, Nicaragua, and many others living in extreme poverty, the meal they receive at school may be their only meal of the day.

Clean Water
Without easy access to a safe water source, children like 6-year-old Evans living in La Esperanza, Honduras, were forced to trek to a distant, dirty water source several times a day. That’s until compassionate donors like you stepped in. Now, Evans and the entire community can access clean water from the new local water spigot, which has brought new life to La Esperanza.
**STATEMENT OF ACTIVITIES**

Support and revenue:
- Contributions - Cash $112,531,731
- Contributions - Donated Goods 916,005,294
- Contributions - Pledges 1,496,889
- Other Income 368,881
  Total Support and Revenue $1,030,202,795

Expenses:
- Program - Education $39,138,064
- Program - Health Care 689,412,243
- Program - Basic needs 155,142,806
- Program - Community Support & Development 31,014,293
  Administration 7,303,207
  Total Expenses $1,028,426,642

Change in Net Assets:
- Total Change in Net Assets $1,776,153

*Year ended December 31, 2013. Subject to final audit.

**STATEMENT OF FINANCIAL POSITION**

Assets:
- Cash and Cash Equivalents $12,599,502
- Contributed Receivable 741,033
- Property and Equipment 15,344,139
- Goods-in-Transit 393,363
  Other Assets 1,255,982
  Total Assets $30,334,199

Liabilities:
- Accounts Payable $3,670,228
- Loans Payable 1,629,201
- Accrued Liabilities 1,042,820
  Total Liabilities $6,342,249

Net Assets:
- Unrestricted 23,979,977
- Restricted 11,923
  Total Net Assets 23,991,950

Total Liabilities and Net Assets $30,334,199

**REVENUE**

**PROGRAM SERVICES:** 96.4%

**FUNDRAISING:** 2.9%

**MANAGEMENT:** 0.7%

**EXPENSES**

**CONTRIBUTIONS – DONATED GOODS:** 88.9%

**CONTRIBUTIONS – CASH:** 10.9%

**CONTRIBUTIONS – PLEDGES AND OTHER INCOME:** 0.2%

**DISTRIBUTED IN 2013**

3,518 tractor-trailers worth $944,468,177

- Antigua $233,639
- Argentina $1,241,615
- Belize $2,595,342
- Colombia $1,354,707
- Dominica $6,481,656
- Dominican Republic $109,512,777
- El Salvador $3,097,400
- Grenada $4,255,627
- Guatemala $168,526,513
- Guyana $3,563,629
- Haiti $32,563,629
- Honduras $54,302,700
- Jamaica $98,738,205
- Kenya $8,525
- Mexico $6,243,214
- Nicaragua $61,364,674
- Panama $649,005
- Paraguay $4,284,570
- Peru $4,168,850
- Philippines $14,123
- Saint Lucia $1,796,733
- Saint Vincent and the Grenadines $685,441
- Trinidad $6,847,881
- USA $19,651

*Subject to final audit.

Diligent workers in Haiti unload rice and grains you helped provide.

Diligent workers in Haiti unload critically-needed rice and grains you helped provide.

Peeking around the corner, 12-year-old Kathi smiles shyly at her school in Honduras.

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Chairman

William G. Benson
Certified Public Accountant
Vice Chairman

Robin G. Mahfood
Food For The Poor President/CEO

Grace Bonina
Business Professional

Most Reverend Pierre-André Dumas
Bishop of Ancien-Aveu and Mirapâne, Haiti

The Very Reverend
Monsignor Honorable Gregory Ramkissoon, OJ
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Rhonda Maingot
Missionary

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Bishop of Montego Bay, Jamaica

Adjunct Professor

Missionary

Archbishop of Tegucigalpa, Honduras C.A.

Bishop of Montego Bay, Jamaica

Adjunct Professor

Missionary

Archbishop of Tegucigalpa, Honduras C.A.

Bishop of the Episcopal Diocese of Southeast Florida

Missionary

Archbishop of Tegucigalpa, Honduras C.A.

Bishop of the Episcopal Diocese of Southeast Florida
Your love and support of the poor in 2013 saved lives, transformed communities and renewed hope. All the while, you were a servant of His will as He worked through you to bless the lives of so many. Thank you for remembering the poor.

Without you and our dedicated partners, our work would not be possible. Your compassion gives the poor the tools they need to overcome crushing poverty. Thank you for blessing those who were living in despair.

The impact of your gifts was witnessed firsthand by those who traveled with Food For The Poor on a mission trip. Thank you for extending a hand to the needy and sharing your experiences with others at home. You are an expression of His boundless love.

How can we thank those who leave a generous gift for the poor through our Planned Giving program? By diligently honoring their wishes and shining Christ’s love on the poor by caring for His children. These gifts make lasting and measurable changes in the lives of those who desperately need it.

Every day, participants in our Operation Starfish® and Champions For The Poor programs prove that one person can make a huge difference in the lives of the poor. And when we join together in unselfish acts of love, we can accomplish even more than we ever dreamed. God is the driving force behind your compassionate work, and relieving the suffering of the poor glorifies Him.

The clergy, churches and Christian organizations in the U.S., the Caribbean and Latin America are crucial to our efforts. Thank you for allowing God’s love to pour through you to bring strength and comfort to those in need.

Whether you provided food for a hungry child, raised money for a community water well, helped build a home for a poor family, provided medicine for the sick, or helped in some other way, you are our foundation. You are freeing the poor from the chains of poverty by funding schools and education to put children on a path toward brighter futures. Your sacrificial gifts are a testament to Christ’s love and how that love can bear much fruit.

We are deeply grateful to you for all the work that you do. Thank you for hearing the desperate pleas of the poor and caring enough to help. God bless you.

“For You make me jubilant, Lord, by Your deeds: at the works of Your hands I shout for joy.”
(Psalm 92:5)
Food For The Poor is God’s instrument to help the materially poor and to renew the poor in spirit.

Our ministry is a reflection of our Lord’s unconditional love — a love that surrenders all, that inspires trust and faith, and that embraces all people, regardless of race, status or creed.

It is also shaped by our belief that Christ is alive and can be served directly by serving those in greatest need. (Matthew 25:40)

For guidance and to maintain the purity of our mission, we stress the need for regular prayer.

Through surrender, service and prayer, we seek a closer union with our Lord.

Our mission is to link the church of the First World with the church of the Third World in a manner that helps both the materially poor and the poor in spirit.

The materially poor are served by local churches, clergy and lay leaders who have been empowered and supplied with goods by Food For The Poor.

The poor in spirit are renewed by their relationship with and service to the poor through our direct ministry of teaching, encouragement and prayer.

Ultimately, we seek to bring both benefactors and recipients to a closer union with our Lord.